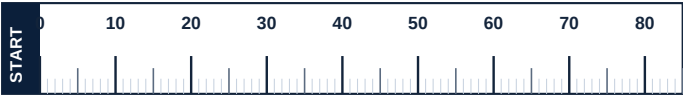


Tool 1 · Finger wrap strip

Cut out the strip and wrap it snugly around the base of your finger. Read the mm where the end overlaps — that number is your inner circumference, which equals your EU / ISO size.



Scale = mm of inner circumference (1:1). Match your reading to the table on the right →

mm	US	UK	EU
47	4	H½	47
49	5	J½	49
52	6	L½	52
54	7	N½	54
57	8	P½	57
60	9	R½	60
62	10	T½	62
65	11	V½	65
67	12	X½	67
70	13	Z½	70

Tool 2 · Circle gauge

Lay a ring that already fits flat over the circles. The circle matching the ring's inside edge is your size.



Measure warm, at day's end.
Fingers swell; size when warm not cold.
Wider bands fit tighter — size up 1/4–1/2.
Between sizes? Choose the larger.

CALIBRATION — this bar must measure exactly 50 mm (5 cm).



If it doesn't, reprint with scaling set to 100% / Actual Size (never 'Fit to page').